

Does Your Government Want You Sick and Stupid?

WARNING: Following their Misguided Nutrition Advice May Cause Extreme Fatigue and Loss of Memory...

Bypass the National “Nutrition Crisis” and Stay Sharp for Years to Come – Especially if you’re 60 or Older!

Dear XXX,

It would be nice to think your government is looking out for you... But they’re not.

The United States Recommended Daily Allowance (USRDA) as set by your government is worthless. Their recommended daily amounts of vitamins and minerals are the *minimum* your body needs to *survive*. What you really need to stay healthy – and live a long life – is a different story altogether.

I’ve been a doctor for over 20 years and it still amazes me. They tell you the average person needs just *6 micrograms* of vitamin B12 a day for “optimum health.” *Nonsense!*

Vitamin B12 is a critical nutrient. When your levels drop, you’re more likely to become confused, suffer “brain fog” and have memory problems. Even worse, your homocysteine goes through the roof. Homocysteine is the number one risk factor for heart attack and stroke.

Vitamin B12 is one of the key nutrients that brings your homocysteine down – dramatically lowering your risk of heart attack and stroke. But you need at least 100 micrograms – NOT the tiny, ineffective 6 micrograms your government recommends.

I don’t believe in conspiracies, but numbers like this make me wonder. What is your government thinking?

Today I’ll tell you *exactly* what you’re missing, and *how to get what you need*.

Keep reading and you’ll get the whole story...

In Spite of Our Prosperity, We’re a Malnourished Nation...

The consequences of our nutrition-poor diet are deadly: Diabetes... Fatigue... Lost Memory... Impotence... Cancer... Heart Disease... Alzheimer’s... These are the problems you can look forward to when you’re not getting the nutrients your body needs every day.

This is bad news if you're retirement age or older. Nutrition is a major stumbling block as you hit 60 and beyond. And all the major studies show that getting the right blend of vitamins and minerals can dramatically boost your resistance to illness.

So why is this still a problem?

Your Food Is *Starving* You to Death

It's the truth, because **the days of *being healthy just from eating healthy are over.*** Even with exercise!

In the old days, you used to be able to live a long and healthy life from a diet rich in fruits, vegetables, and meat proteins. Produce was straight from the farmer to the market – no mega-packing facilities, giant machines, or monster warehouses. It was about nature, not about commerce. *But all that changed* – and not for the better.

Today, *you can't get all the vitamins and minerals you need from food alone.* There are many reasons for this, but the bottom line is the nutrients in your food are disappearing. Combine that with the pathetic RDA from your government, and **you may already be deficient!**

Why are the nutrient levels in your food dropping? In a word, **money.** The unfortunate truth is that small farmers have been replaced by large corporations who grow food for how good it looks instead of how nutritious it is.

Grocery stores know that most people buy produce based on how good it looks, and how long it *stays* looking good. They also know that any produce they *don't* sell ends up in the trash can, along with their profit. So the supplier who can give them that big, flawless, brightly colored orange for the lowest price, gets the business.

This is how farms have ended up being run by big corporations – and why they only focus on looks, shelf-life, and profit instead of nutrition. And *that* creates upside-down practices, all for the sake of appearance. Did you know that some orange producers dip their oranges in *orange colored dye* to make them look brighter?

The madness doesn't stop there. The importance of *profit over health* drives the corporate farm. They "push" the land for bigger yields, because **they get paid by how much the crop weighs, not how nutritious it is.** How do they get those big yields? By using *chemical fertilizers and pesticides.*

Not only do these chemicals end up in your body, *they destroy the vital nutrients in the soil that give your food the nutrition you need!* So not only are you consuming deadly chemicals, you're not getting the nutrition that protects you!

It's crucial to get these missing nutrients from a supplement that can combine the **natural balance** you *used* to get from your food.

Warning: You May Be Eating “Nuclear Food”

So now that the farmer has grown the artificially colored, chemically enhanced “super orange”, the packer and grocer still face one dilemma: how to prolong its shelf-life?

Your government approved solution is alarming: **Nuke it!**

The FDA claims that food irradiation is safe and beneficial. But real science and *common sense* say otherwise.

Food irradiation is insane. The FDA states that the “Energy waves passing through the food break molecular bonds in the DNA of bacteria, pathogens and insects. The food is left unchanged, but the number of harmful bacteria, parasites and fungi is reduced.”

Does the FDA think you won't put 2 and 2 together? Do they expect you to believe that this radiation can destroy the DNA of bacteria and insects, but it doesn't *do the same to your food?*

What this radiation actually does is create free radicals! So you eat the food to get anti-oxidants that *fight free radicals*, but instead you're eating *more* free radicals!

These crazy farming practices are robbing you of key vitamins and minerals – the ones that protect you from heart disease, unhealthy aging, and dangerous illness.

It's *critical* for you to supplement your nutrition – **now more than ever**. A quality supplement can help you overcome the nutrition starved food your government is ignoring.

Your Nutrition Crisis Gets Worse The Older You Get

If you are “retirement age” or older, you need supplements even more. Years of starving yourself of the vitamins and minerals you need can be *devastating* to your body... and stop you in your tracks.

A University of Iowa study tells part of the tale:

- 75% of those studied did not get enough of the B vitamins that help prevent heart disease and stroke
- 83% didn't get enough Vitamin D and
- 63% did not get enough Calcium - both *vital* ingredients to healthy bones.¹

Poor nutrition has many effects on your body – like how your brain works. We’ve all laughed off moments of forgetting where we left our car keys 10 seconds ago. But when these kinds of “brain fogs” become more common, it’s no longer a laughing matter.

How much does nutrition affect your brain’s abilities?

One study of healthy people over 65 years old used a supplement. It had small amounts of 18 vitamins, minerals and trace elements.

The subjects received either the supplement or a dummy pill for a year. Nobody knew who was taking what until the study was finished.

Those who took the supplement had *big* improvements in attention, problem-solving ability, short-term memory, and abstract thinking.²

The *good* news is this study, and many like it, show supplements can have a big impact on your mental function. The *great* news is the benefit can happen without “mega-dosing.”

Good nutrition can help your mental functions stay sharp, even into old age. It’s important to find the right supplement. You need the proper dosage and combinations to get the benefits.

The “King of Vitamins” Is Being Assassinated

You’ve heard about the importance of vitamin C – it plays a big part in our overall health – and getting it from what you eat is *vital*. Humans are one of the only animals in the world that can’t make its own Vitamin C. That’s why some people call Vitamin C the “King of Vitamins.”

It’s easy to see why. Just look at *a small sample* of the research on the effect of vitamin C on heart disease alone:

- The University of California studied the vitamin intake of over 11,000 people for 10 years. They found that 300mg of vitamin C a day reduced risk of heart disease by 50 percent in men and 40 percent in women. The test also revealed that a higher intake of vitamin C boosted life expectancy by 6 years.³
- Dr. Willis found that people taking 1,500mg of vitamin C a day for 12 months reversed plaque while the plaque of those who didn’t take vitamin C worsened.
- Dr. Tetsuji Yokoyama showed high levels of vitamin C are the most important factor in determining whether people age 40 and over would suffer a stroke later in life.⁴

Vitamin C helps the body make collagen and elastin. That helps your blood vessels stay flexible, like stretching helps a gymnast do the splits. This helps keep your blood vessels – all 60,000 miles of them – from building deadly plaque.

When your blood vessels *aren't* supple, they can crack and weaken. The body responds by sending arterial plaque to the weak area to “repair” the damage.

But when this plaque becomes too thick, it blocks the flow of blood to the heart, triggering a heart attack. A blockage to the brain causes a stroke.

Vitamin C is essential for the prevention of this dangerous plaque buildup. Researchers have proven it.

Dr. Matthias Rath divided guinea pigs (just like us, they can't make their own vitamin C) into two groups. One group received the human equivalent of 60-mg of vitamin C a day (the recommended RDA). The other group got 5,000-mg of vitamin C per day. Otherwise, their diets were identical.

The guinea pigs that got the *RDA* of vitamin C had *major plaque deposits* – especially in areas around the heart. And that was *in only 5 weeks!* The arteries of those who got 5,000mg of vitamin C a day were strong and clear – without plaque.

As you can see, Vitamin C is *essential* for heart health and is one of the most powerful anti-oxidants. It's also crucial to the lungs, bones, and kidneys – the list goes on. But depleted soil and the chemicals used in farming have taken a serious toll on “the King.”

Not only is food starting out with less Vitamin C, this is one of the vitamins that *especially* doesn't keep well on the shelf. As soon as the crop is cut, Vitamin C begins to disappear from the food. A couple weeks may have passed from the time it's harvested, shipped, and stocked on the shelves until the time you get it home. By the time you eat it a few days later, there may be little or no Vitamin C left!

To get the “King” into your body, you need a good supplement that has more than what the measly RDA recommends. The RDA is only 60mg. But the research proves you need more. That's why *I recommend 500mg per day*. Without a good supplement, that's around a bag of oranges a day!

Minerals: The *Critical Link* to Good Health That Your Government Isn't Telling You About

There's another BIG reason that poor nutrition causes so many problems. Your food is not just missing vitamins, it's missing minerals. *The role of minerals in your body is critical*. For instance, the body can use minerals without vitamins, but vitamins are *unusable* without minerals.

Your missing minerals begin in the farm field. You remember basic biology class: The plants roots “drink up” the minerals from the soil. Then the plant grows and passes these minerals into the healthy, nutritious food that *you* eat.

That’s the way it *should* work, anyway. The problem is the depleted soil **does not contain the nutrients necessary to grow healthy food plants**. How *do* the plants grow then? With chemical fertilizers. *They’re like steroids for plants*, and remember that their main purpose is to grow the food to *look good, not to make them nutritious*.

Minerals are *vital* to every function in the body. Take Boron for example. Even if you’re already taking a supplement, chances are it’s missing this golden nugget.

Your government doesn’t think it’s very important – it doesn’t even appear on the USRDA table. But look at what this precious gem does and you’ll see why I recommend 2mg per day:

- **Boron is crucial to your bones.** Boron is like the “Special Forces” of bone protection, guarding your stores of magnesium and calcium, the two most important minerals for bone strength.⁵
- **Boron douses the flames of pain and inflammation.** Boron blocks COX and LOX, the enzymes that cause inflammation. Remember Vioxx, the COX inhibiting drug? Boron does the same thing, but without the side effects.⁶

Studies show that your levels of boron influence whether or not you’ll ever develop joint pain from arthritis. In areas where boron intake is 1mg or less per day the cases of arthritis are between 20%-70% In places where boron intake is between 3-10mg, arthritis cases drop dramatically – **to between 0-10%**.⁷

- **Boron helps brain functions stay razor sharp.** Scientists discovered those who didn’t get boron in their diets didn’t do nearly as well on cognitive tests as those getting even a little boron in their diets every day. Those lacking boron had less manual dexterity, hand/eye coordination, attention span, and memory. *And this was particularly true of older men and women.*⁸
- **Boron reduces the risk of prostate cancer by more than half.** Scientists compared the diets of 76 men with prostate cancer to 7, 651 men without it. They found that those getting the most boron, eating three and a half servings of boron rich fruit per day along with one serving of nuts, *reduced incidence of prostate cancer by as much as 64%*.⁹

Pretty big deal for something you supposedly don’t need, huh? Thanks Uncle Sam!

Another “Heavy Hitter” Missing From the RDA

There’s another all-star on your good health mineral team: Chromium.

Again, the government doesn’t think you should care about it – *there is no RDA*. But this is a key mineral. Here’s why *I recommend getting 200mcg* in a good supplement:

- **Chromium helps maintain proper blood sugar.** It increases your sensitivity to and helps normalize insulin – vital in guarding against diabetes.

People with low chromium suffer from chronically high blood sugar. They’ll also find themselves packing on weight and can fall victim to diabetes. Deficiency is common. About 90% of all Americans consume less chromium than they should every day. What’s more, if you exercise regularly you’ll need even more chromium than couch potatoes. Active people excrete more chromium.¹⁰

- **Chromium works wonders on your cholesterol and triglyceride levels.** Studies show supplementing chromium can lower them by nearly 20%.
- **Chromium supplements can help you lose weight and build muscle.** Chromium controls your appetite, especially cravings for sweets, and people supplementing with it lost 50% more fat in a three month time period. That coupled with chromium’s ability to carry protein where your body needs it most can also help you lose fat while building lean muscle mass.¹¹

The Solution to Your Nutritional Crisis

It should be clear by now just how much is missing from your food. *It should also be clear that your government isn’t looking out for your health... and that you need to take matters into your own hands.*

You can do that by giving your nutrition a much needed boost with a good quality nutritional supplement.

My solution to your nutritional crisis has taken *years of research* and is **backed up by the clinical results of my own practice**. I have found a powerful combination of vitamins, minerals, and *other missing essentials* that will restore the vitality, strength and power you *are meant* to feel. That’s why I call it

Daily Power

Daily Power is guaranteed to give you the right doses of the REAL nutrients you need. Far from the pathetic excuse for guidance the RDA offers.

You need a *safe, reliable source* of the key vitamins and minerals you can no longer get from your food. And you need it *every day*.

You could think of your body as a construction site. 24 hours a day, 7 days a week, “construction crews” are busy building new cells and replacing old worn out tissue. They’re bustling around to repair everything from small muscles to major organs.

To really understand just how much is going on in your body every day, think of a construction crew building New York City – all at once!

Thankfully, Mother Nature is coordinating all this. Can you imagine if you had to consciously direct the thousands of things going on in your body all the time?

Fortunately, *your only job* is to make sure that these construction crews have the fuel they need to do their jobs.

“Keeping your tank full” is the key to long-term good health. Your construction crews need the energy that comes from good nutrition in order to keep your “Health City” running. That’s what eating healthy is *supposed* to do – give you the fuel you need.

But the fuel you’re eating today is *low octane*... thanks to depleted soil, chemicals, and radiation.

That’s why I created your ultimate fuel booster by putting together the key nutrients needed to keep your tank full and your “construction crews” able to maintain your healthy body.

What You Don’t Know About Your Existing Supplement *Will Hurt You*

You may already be aware of the national nutrition crisis. You may even already take a multi-vitamin or some other supplement. But before you put too much of your trust in those store bought vitamins, there are some things you *must know* about supplements.

Big corporations will always find a way to make profit out of public concern. There are some HUGE companies that make nutritional supplements. And *just like the corporate farms, it’s more about profit than nutrition*.

Most of the commercially available vitamin supplements out there are useless, and only “mimic” the real thing. That’s because most of the ingredients in these “imposters” are *completely unusable* by the body.

The body has to be able to absorb a nutrient to use it. The forms of vitamins that the big companies put in their products don’t get absorbed – they end up in your toilet as they’re passed out of your body.

Also, the contents of these corporate products are *based on the RDA*. You've already learned **that is worthless**.

Taking one of these empty supplements will not only do nothing for you. But even worse, the damage that's occurring from your missing nutrition *will only get worse*. Have you noticed that you don't feel any better even though you're taking your vitamins everyday? **Now you know why.**

Daily Power™ Is Your Complete Solution

Because *someone* has to look out for you – your government RDA certainly isn't – I want to give you the same solution I give my patients. I've *painstakingly* put together a complete solution for the nutritional crisis you're facing. **Just 3 tablets a day of Daily Power** gives you *everything you need to help maintain optimal health*.

Of course, you'll get the RIGHT levels – not the RDA – of the more commonly known essentials like vitamins C, E, A, and B complex... plus magnesium, copper, etc. And you've already learned about two crucial minerals in my Daily Power formula – Boron and Chromium – that you won't find in other supplements.

But **Daily Power** also has *other* critical vitamins and minerals that you're probably missing right now, even if you're already taking a supplement. Things like:

- **Vitamin K** – More than just for clotting blood from cuts, this underrated vitamin also plays a big role in bone health and blood vessel health. You won't find it in regular supplements, but I've included 90mcg in **Daily Power**.
- **Phosphatidylserine** – It's a mouthful, but it's a key ingredient to brain health and function. I've included 10 mg in every dose of **Daily Power**.
- **Grape Seed Extract** – This power house has been shown to be a potent ally in maintaining heart health. You get 60 mg in **Daily Power**.
- **N-Acetyl Cysteine** – Shown to lower levels of Homocysteine, a precursor to heart disease. **Daily Power** gives you 100mg of this heart guardian.
- **Lutein** – A powerful tool for vision support, lutein can help get your "hawk eyes" back. Again, you won't find this in other supplements, but you'll get 1200mcg in every dose of **Daily Power**.

And remember, even if you're lucky enough to find some of these key ingredients in an off-the-shelf supplement, chances are the types of ingredients *won't be able to be absorbed by your body*.

It takes a very delicate balance of just the *right kinds of ingredients in the right amounts* for the body to really use a supplement. **I've got the research – and the clinical results – to back up my formula.** You'll get 39 vital vitamins, minerals, and other missing essentials – things you won't find anywhere else. *Most doctors, even your government, don't know that you need these things.* But my research and my practice prove otherwise.

Take Command of Your Own Health Today

Your government isn't going to help you. They can't, because they don't know what you really need. But **I do, and I've got your solution.**

I've put together *the most powerful nutritional supplement you can find anywhere* to help you take command of your own health by getting the **real** nutrition you need.

For your health's sake, put your mind at ease and get started *today*. Proper nutrition is vital to your health. Don't wait another minute.

Stop wondering if your diet or your supplements are giving you what you need. With Daily Power, you'll *know* you're getting the right blend and the right amounts of the key ingredients that are missing from modern food and the misguided recommendations of the RDA.

I asked Eva – my services director – to put together a special introductory offer so you can start getting the benefits I'm talking about *right away*.

Plus, I know this power-packed supplement is so important to protecting your health, I told her to add an auto ship program... that way you can *be sure* you get my complete formula every month, mailed to you like clockwork.

You've read about the studies, you've heard about the results, and you've learned what your government *isn't* doing for you.

But *I'm not asking for you to just take my word for it.*

I believe in the same old-fashioned principles that used to be commonplace when your food *used* to have what you needed – like a man should be good for his word.

Well you have my word as a doctor and someone who takes pride in bringing the truth about health to millions of people all over the world:

If you don't notice the health boosting benefits I've described here, just send it back. I'll gladly refund every penny. Anytime. Period.

That's my *unconditional money back guarantee*. So don't wait. It's time for you to start getting the nutrition you need, and take charge of your own health.

{Standard Order Mechanism here}

P.S. Order Daily Power today – with my unconditional money back guarantee – and I'll send you a FREE Bonus Report, *Living the Good Life without the Sacrifice*.

In your free report, you will discover:

- The 7 antioxidants that are most effective at combating free radicals and fighting aging – page 10.
- Reduce your risk of prostate cancer by eating watermelon and grapefruit – page 13.
- The awful truth about vitamin O ... vitamin B-15 ... and vitamin F – starts on page 5.
- Can coenzyme Q10 really energize your body's cells and organs? The answer may surprise you – page 12.
- How to live to a ripe old age – vibrant with good health and energy – well into your 90s and beyond - page 9.
- What Teddy Roosevelt can teach you about getting all the vitamin B you'll ever need – page 7.
- 14 vitamins that form the cornerstone of your continued good health ... and why you need each – page 6.
- Easy way to lower your risk of macular degeneration and improve night vision – page 11.
- And much more....

This bonus report is **yours to keep FREE**, even if you decide to return Daily Power for a refund.

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